

# Virginia Annual Health and Safety Update Training



This **free** on demand annual health and safety update training is a follow-up to the [Virginia Preservice Training for Child Care Staff course](#). This training course is **required** for all staff that work directly with children in a child care program (center-based and family day homes) that participates in the [Virginia Child Care Subsidy Program](#) (aka subsidy vendors). This training is to be taken annually, with the first update completed within one year after completing the Virginia Preservice Training for Child Care Staff.

## ABOUT TRAINING

The 2025 Virginia Annual Health and Safety Update Training covers some of the following topics:

- ▶ Supervision during age-appropriate meals
- ▶ Supervision during learning and play times
- ▶ Transportation safety and supervision
- ▶ Supervision during diapering and bathroom times

This training provides updated information on the basic health and safety requirements specified in federal law and should be completed within one year after you have taken the Virginia Preservice Training for Child Care Staff (for new staff) or within one year after completing the last Virginia Annual Health and Safety Update Training (for existing staff). VDOE Licensing Inspectors will verify that existing subsidy vendors, and their staff who work directly with children have a certificate of completion for this training.

## HOW TO ACCESS

For more information, go to the Child Care Virginia website (Click here): [www.childcare.com](http://www.childcare.com)

Click [HERE](#) to go to the Training & Professional Development page

OR

By clicking here > [Better Kid Care website](#) - You will be directed to Better Kid Care's On-Demand Web Lessons to create an account or to Sign-in. Once you have a BKC account, sign in, and select the **FREE** "Virginia Annual Health and Safety Update Training for Child Care Staff".

*Training is provided by the Virginia Department of Education, Division of Early Childhood Care and Education with Pennsylvania State University's Better Kid Care Program, in accordance with the federal Child Care and Development Fund from the U.S. Administration for Children and Families.*



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